



# TRIATHLON CAMP

BY ANDREJ VIŠTICA

Don't miss this unique opportunity to train with the one of the most successful triathletes in Southeast Europe, Andrej Vištica, in his natural environment - the beautiful Croatia.

Andrej Vištica has been a professional triathlete since 2014, and in this short period of time, helped by the guidance of his trainer, Mr Brett Sutton, has achieved very significant results in Ironman races, including qualifying and finishing for the Ironman World Championship in Hawaii.

**WHEN? OCTOBER 17TH - 24TH 2020.**

## WHERE?

Hotel Park Plaza Belvedere\*\*\*\*, Medulin, Croatia

Medulin is a beautiful town in the south of Istria, a region known for its natural beauties, crystal clear waters perfect for swimming and amazing sceneries with a vast variety of interesting and challenging on and off road routes for cycling and running. Medulin is the traditional base for preparations of many international athletes as its microclimate provides perfect weather conditions for training almost throughout the whole year and it is also easily accessible by car and plane. Nearest airports\*:

- Pula, Croatia (5 km)
- Rijeka, Croatia (140km)
- Trieste, Italy (170 km)

\*Transfers from airports to the hotel will be organized upon request

## WHY?

The group size limit is 20 participants which will allow Andrej to work individually with each participant. No matter if you are new at triathlon or have years of experience, better results are always something to strive for. Andrej's innovative methods and experience will bring a new perspective to your everyday training routine and allow you to improve your performance. Also, Andrej will remain at your disposal online for 4 weeks after the camp for any questions and advice regarding your training. You will be able to contact him if you'll have any questions once you start implementing what you have learned in this Camp into your everyday training routine.

For all requests regarding event packages and all logistic data please contact us at:

**INFO@IRONCREW.HR OR DIRECTLY BY PHONE +385 98 856 865**

## WHO?

Triathletes of all levels looking to improve their technique and results. Non - triathletes are also welcome! Feel free to bring your friends or family to have an amazing time in Medulin during your stay in the camp. Package deals are available upon request.

Please note that under the current COVID-19 unforeseeable situation organizer might decide to cancel/postpone the event. If such case happens all participants will receive a full refund of their payment.

## FOLLOW ANDREJ ON

